

5 things you need to know about CPD



**General
Dental
Council**

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- 1** **MyGDC** is the easiest way to track how many hours of CPD you need to do and to submit your CPD statement.
- 2** You need to **make a CPD statement every year** as part of your annual renewal, even if you complete zero CPD hours in that year.
- 3** **Check your CPD certificates** meet the GDC's requirements.
- 4** You need to **complete at least 10 hours** of verifiable CPD across every two-year period.
- 5** Make sure you **submit your CPD** statement by **28 January**.

If you're in the last year of your cycle and need more time to complete your CPD, you can apply for a grace period before **31 December**. If accepted, you'll get an extra eight weeks to complete your hours.



Scan the QR code to find out more about **your CPD**