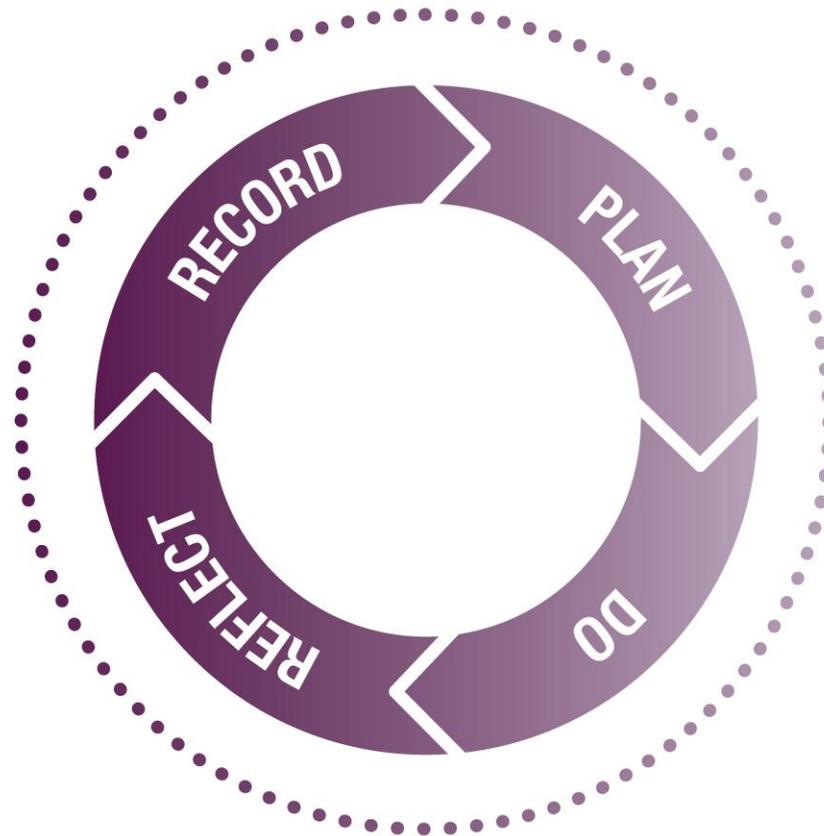


# Activity log: Examples

General  
Dental  
Council

protecting patients,  
regulating the dental team



Enhanced  
CPD guidance



## Activity log template- example

This example is intended to be read alongside the GDC's activity log template document which is available [on our website](#).

**Please note these examples are not intended to demonstrate a full activity log, but to give examples of how professionals may record their activity and reflection.**

Date	Hours completed	Evidence of verifiable CPD?? (e.g. certificate)	Title, provider and content of CPD activity	Development outcome(s)	How did this activity benefit my work?
05/09/18	2	Yes - certificate	<p>"Radiation in dentistry: update for operators" <i>The CPD company</i></p> <p>Update on radiation, regulations and responsibilities for operators</p>	C.	<p>This course provided me with up to date information on using radiography in the clinic, so that I am providing radiation safely to patients and following best practice guidelines.</p> <p>The course did not reveal any changes I need to make in my daily work; however, it confirmed that what I am doing is in line with recommendations.</p>
18/11/18	2	Yes - certificate	<p>"Conscious sedation in dentistry: update for dental nurses" <i>The CPD company</i></p> <p>Update on recommendations, regulations, responsibilities when treating patients with sedation.</p>	C.	<p>This course provided me with the current recommendations around using sedation in dental treatment. I don't assist regularly in sedation so it was good for me to refresh my knowledge.</p> <p>The course offered some strategies for behavioural management and monitoring for sedated children which I have been able to incorporate into sedation sessions. I find that the child patients were calmer during their treatment after I implemented the strategies.</p>
02/03/19	2	Yes - certificate	<p>"Effective complaints handling" workshop <i>Dentistry indemnity co.</i></p> <p>Strategies for handling difficult situations with patients. "dos" and "don'ts" for handling a complaint at the surgery.</p>	A.	<p>This workshop was attended by my whole team at my surgery and was useful for us to discuss as a team how to tackle complaints, and to hear different views and approaches to de-escalating tense situations with patients.</p> <p>I didn't appreciate the value of gaining feedback (both positive and negative) which allows our team to catch issues early. As a result, the whole team will be promoting a feedback form for each patient who comes to the practice, and any feedback received will be discussed at each weekly team meeting.</p>